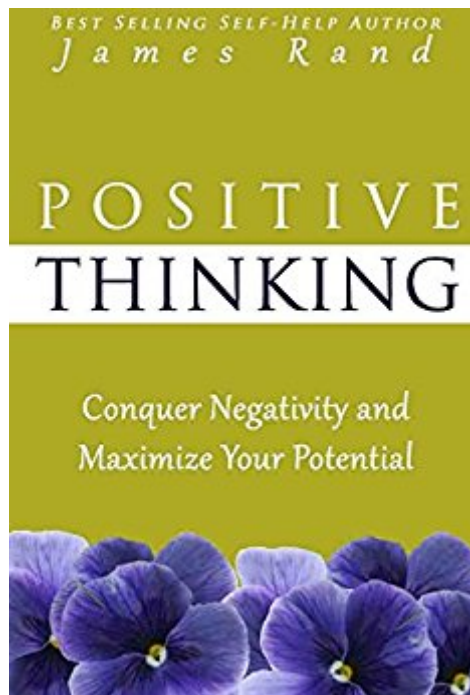




The book was found

Positive Thinking: Conquer Negativity And Maximize Your Potential; Strategy Guide To Permanently Conquer Negativity And Negative Self-Talk With The Power Of Positive Thinking



Synopsis

Take action today and become a positive thinker! People who have tasted success in business and money, or in love and interpersonal relationships all have one thing in common: they understand that positive thinking has the power to move mountains in their lives. They also understand that becoming a positive thinker isn't just a matter of saying the right incantation or pretending not to notice the negativity surrounding you. Achieving a long-term, enduring positive mindset isn't that simple. Don't despair! Positive thinking is within reach. Understanding how positive psychology works is not rocket science. Understanding a few critical facts about how the brain is wired and how it impacts our actions is possible for anyone who takes the time to learn. When you understand how the mind works, you can begin to hack it in order to achieve a real impact on all aspects of life! Once you understand a few fundamental facts about human psychology and how all of our thinking and emotions are linked to our actions, you will have the roadmap you need to make lasting positive changes in your life. Your thought patterns determine your success in life, but they are not set in stone! This actionable guide will empower even the greenest of beginners to take charge of their thoughts and thrust themselves onward towards goals beyond their wildest dreams. Stop negative thinking dead in its tracks. It doesn't deserve to limit your potential any longer! Best-selling self-help author James Rand has cracked the code to positive thinking and distilled this essential guide geared towards real action in the here and now. This is not a book with airy-fairy psychology theories. This is a guide to taking action. This is a guide to change your life. If you are ready to truly break free from the shackles of negative thinking once and for all and embrace your true potential in business, relationships, and in life, then grab this proven strategy guide today and get started immediately!

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Customer Reviews

Oh, what an amazing and outstanding guidebook it is! It opened my eyes and showed me about how to think positively. Inside of this book the author has described about how to conquer negativity and maximize our potential. By the help of this Book, I have learned some essential lessons like:(a) How to beat negativity(b) How positive psychology works.(c) How to control myself from all type of negativity and be stand positively.(d) How to make my mind free from all type of negative thoughts and much more things. Every chapter of this book gave me more & more guides, tips and information. Everything helped me a lot to get a better understand about this matter and I am really thankful to the author ÆJames RandÆ. He just did a great job and presented all these guides & lessons with easy to understand language. This is my honest opinion about the quality of this book and I found it helpful thatÆ™s why I put down my opinion here. If you think my opinion is kinda useful then please donÆ™t leave without give a helpful vote.

I donÆ™t have any doubt to say this was a worth reading because this book showed me about how easily I can delete my all negative thoughts and stand positively. Actually before reading this book I was in confusion about myself like am I right or wrong. I always felt scare and think about the negative side for each matter but now I have understood about positive psychology. All these discussions helped me to improve my self-confident. Thought it was kinda short read but still found this book useful enough and would like to recommend it to all types of readers.

Sound advice -practical thoughts suggested to help build a plan, great insight for moving past the negative mind set, ways to snap out of it-quick read, helpful. Like the distinction between actual depression leading to negativity or negative experiences leading to feeling depressed. Very key to

tackling one's mindset with meditation.

This is an excellent book and well worth reading. Since reading this book my life has followed a similar path to the many people that Mr. Rand refers to that have led positive and successful lives. The book is a classic for a reason. Definitely worth reading.

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